**ASHFORD AND DISTRICT ROAD RUNNING CLUB**

**A&D Agenda for meeting Thursday 28th March 2019 at 8.30pm**

1. Last Years Minutes
2. Matters Arising from Minutes
3. Chairmans Report - PM
4. Treasurers Report - RB
5. Membership Report – RH/AB
6. Ladies Captain Report – SR
7. Mens Captain Report – SL
8. Election of 2018/19 committee

* Chairman – Paul Moses standing down
  + Nomination for Anthony Brown
* Vice Chairman – Nomination for Sue Reader
* Hon. Secretary – Julie Foster standing down
  + Nomination for Becks Macey
* Hon. Treasurer – Robin Butler to remain
* Ladies Captain – Sue Reader standing down
  + nomination for Rhian Shrimplin
* *Ladies Vice Captain\* – Nomination for Elodie Paviot*
* Mens Captain – Scott Lynch to remain
* *Mens Vice Captain\* – Nomination for Adrian Moody*
* Membership Secretary – Ricky Hickman to remain
* Social Secretary – Ricky Hickman to remain
* Records Secretary – Brad Bunk to remain
* Webmaster – Brad Bunk to remain
* Kit Person – Richard Baker standing down
  + Nomination for Karine Reid
* XC Manager – role to be dissolved and incorporated into Mens Vice Captain position
* Press Officer – Shared between club members on a volunteer basis
* Auditor of Accounts - Darren Ward

*\*Vice Captain roles are non committee positions but essential to the support of the Captains in the club*

1. Reminders

* Membership fees – payment via memershipmojo £35/£25/£20
* Awards Night 3rd May, Ashford Rugby Club
* CMOTY nominations

ASHFORD AND DISTRICT ROAD RUNNERS CLUB

ANNUAL GENERAL MEETING

THURSDAY 28TH MARCH 2019 8.30PM

SANDYACRES SPORTS AND SOCIAL CLUB

Present: 58 club members present including 10 committee members.

Apologies: Jo Lattimer, Phil Hamilton

Meeting commenced at 8.30pm and led by Julie Foster

Last years minutes: No items to address, minutes proposed by John Fidge and 2nd by Becks Macey

**Chairmans Report**

Thank you all for staying behind after tonight’s runs.

We are a running club and this running club has had another very successful year thanks to the efforts of you the members of this great club, and the stirling work of the committee.

We continue to build on membership giving A&D great strength in depth with fantastic opportunities for runners of all abilities.

A number of issues have arisen lately and I would like to touch on these later.

We continue to see a steady growth in numbers with athletes of all abilities joining. This is helping the club and you the runners develop.

The introduction of the Breaking 3 and Trevors Track sessions is enabling our runners to realise their potential with top quality coaching and a structured approach for marathon preparation. The benefits of this is clear with the number of personal best runs coming through thick and fast over recent races - I think Tonbridge are looking over their shoulders.

Mollies Tuesday night sessions are a great asset to the club. Mollie the smiling assassin will push you and encourage you and her incredible experiences as an amazing athlete will make you a better runner. I encourage all of you to give these a go - maybe start with a easy session such as the Gold Hill one.

Please do not forget that the club is open on a Tuesday and Mollies sessions are always posted.

Thursdays multi-group runs suit all abilities showing what an inclusive club we are. Thank you to all who organise the groups very week, in particular Sue, Rhian and all the the run leaders.

Mollie runs a great core strength session on a Thursday night. Try it, you may ache a little but it is worth it. There is a saying the Doc has for the breaking 3 group and that is you cannot fire a cannon from a canoe. These sessions will build you into a destroyer.

And thanks to all the cake makers who have provided much needed nourishment on a Thursday night.

The summer relays just get better for A&D, we really have become a force to be reckoned with. I’m sure Scotty will fill you in with the triumphant details Thank you to the captains and vice captains for the magnificent job they have done in herding the cats of A&D. Also thanks to Stu for his vigilance with the wayward scoring from the event organisers, well done stato.

This years relays are rapidly approaching. Please help our captains by making yourselves available for these cracking events. Mollies Tuesday night sessions are a great preparation for these events.

Thanks to Adrian and Scotty the cross country season has been proven to be even more successful. The team spirit at these races is absolutely fantastic, these are not easy races, but they are the most rewarding competitions to be involved in, A&D is giving a very good account of itself at these events.

We have had representation in all of the Kent cross country league races, and great turnout in the championship events, we had yet another visit to the iconic Parliament Hill and a few of us didn’t learn from the last time and had another go, also Nobby represented the club at the Nationals in Yorkshire

The 30th anniversary of the 10k was a great success. Girlings have continued their support, and the move to the Towers has been an inspired decision. The support and encouragement from all the club members acting as Marshall’s help make this such a popular and well received event thank you and well done to all involved. A massive thanks to Rhian for organising the Marshall’s.

The 5 and 10 mile Halloween race was a tremendous success. It was Sue’s persistence and vision regarding this race and Anthony’s approach to Champney’s at Eastwell Manor that led to this being a very popular and profitable event. To have the grim reaper giving the runners their final push should have enabled a few PB’s. The success of this event will enable the club to develop the level of coaching we will be able to offer.

We have had great club events over the year. Some regular and increasingly popular and some new.

The Lenham trail run and BBQ - thanks to Rob Butler, with Ashford tri club joining in reciprocating their kind invite to the Kings Wood Bluebell runs.

There is the Chilham run along the pilgrims way,

Hardelot continues to be very popular and quite rowdy event.

And, Scotty’s 5K Lenacre Street Handicap race was a good fun event - watch out for some possible developments on this theme.

Also I wish to recognise Steve Hickman’s achievement in reaching the amazing milestone of having run 150 marathons - and he has not stopped roll on 200.

I would like to thank the members of the committee for their hard work over the year.

Thank you all for your support during my time as chairman, especially in what has been a particularly difficult year for me.

I wish to thank Verity for her great write ups. Because you lot do so much bloody running it takes ages to do these reports, and Brad for looking after the web-site and keeping on top of the IT demands.

And also Julie for her work as secretary over the last 5 years. Her dedication and commitment to the club is truly appreciated

Our duty as the committee is to represent you the members of this great club.

Incidents have arisen recently leading to complaints being made with respect to the behaviour of some members of the club. The complaints are being taken seriously and are identifying areas of concern that need to be improved.

A code of conduct will be prepared so we all have clear guidance as to our responsibilities when representing the club.

A feedback e-mail shall be set up so all members can present suggestions for improvement, what changes you would like to see, and issues you have with respect to any aspect of the club. Any input will be discussed at the following committee meeting. These shall be minuted and a response issued.

Our strength is the quality of everyone involved in the club, and everyone plays a part in the success of A&D.

**Treasurers Report**

A&D RRC Accounts Notes 2018 (P&L report at the end of these minutes)

A 25% increase in member subscriptions on 2017 gives us a healthy sum of just under £4k in revenue.

Kit shows a marginal profit but this is misleading as we don’t make profit on what we sell, everything is sold at cost. The profit just indicates that we’ve sold more than we’ve bought during the year.

The 10k race last year made £2.5k including £1k in sponsorship from Girlings. The main bulk of the costs here were the hire of Sandyacres. We moved to Towers for this year’s event making a significant saving. Girlings continued to sponsor us for this event and seem happy with the arrangement. The 10 event this year made around £2.3k, again including £1k from the sponsors. Numbers were down on the day but savings elsewhere means we were only slightly down on last year’s profit.

The Halloween 5/10 mile event was a great success, especially from a finance perspective. We made nearly £3.8k profit including a generous £2.5k sponsorship from Champneys. This was down to some great work by members of the committee, namely Anthony. Unfortunately they’re unwilling to sponsor this year’s event but there are other potential backers to follow up.

The club invested more in cross country this year with the result that we had a far stronger turnout in both men’s and women’s events. Under Adrian’s guidance, we competed in Kent Cross Country Championships and Kent Vets Championships, SEAA Cross Country Championships and South of Thames Cross Country Championships with members funding their own Kent Cross Country League entries.

The awards night cost in the same region as the year before, slightly more owing to the monies spent on awards/mementos etc. The £190 income is revenue generated from charging attending partners and non-member guests.

The Christmas party figures look a bit awry in that it shows a big profit for 2017 and a big loss for last year. The reason for this is that we had all the members monies paid into the account in late 2017 but the money was not paid out to Port Lympne until early 2018. So this year it looks like we’ve paid out 2 large amounts, Port Lympne in early 2018 and Ashford Intl in late 2018 making up the £3139.65. Over the course of the two year, these two figures roughly balance out.

£20 income from Social Events was the profit made from donations received at the Lenham run bbq.

Race Travel covers coaches to Brighton, London and Hardelot, both coach costs and monies received by members and non-members.

Sandyacres hire shows as slightly more this year but only because of timing in payments to Annmarie.

The rise in England Athletics subscriptions is in line with the increase in members. The EA member fee has stayed flat this year at £15 whilst the club affiliation fee is rising from £100 to £150.

Equipment costs were for the purchase of a shiny new gazebo, one that didn’t disintegrate after a puff of wind.

Accountancy costs of £315 have remained flat.

Overall a very successful year with increased membership and a decent profit following the loss of the year before. Profit was mainly down to the addition of our Halloween 5/10 mile event which effectively replaced the loss making marathon event of the year before. Sponsorship of our events plus cost control has contributed enormously to another successfully year for the club.

**Membership Report**

The number of paid up members stands at 135, which include 8 life members & 5 Non Competitive.   
We continue to get a steady stream of enquires about joining the club & have picked up some valuable new members over the past 12 months. Please continue to get the Clubs name out there.   
  
I hope everyone is happy with the new system.

If anyone has not received a link to renew their membership online, then please come & see me afterwards. Also if you have had any issues renewing online.   
  
This coming season, we will be issuing Membership cards, which will be on their way soon.

**Ladies Captain Report**

So we have had another successful year in this the 30th year of the club.

The Ashford and District Ladies have done us proud.

We finish the year with many prizes, personal bests and memorable moments to celebrate.

I can’t tell you how proud I have been to witness so many achievements and how much I have enjoyed captaining the ladies this year, I’m consistently amazed by the amount of effort and the results our ladies produce. You only need to think about the determined faces of our members when changing the baton in the relays to see how much our members care about their team.

With every achievement I see on a weekly basis it would be impossible and too much to go through them all, so I have compiled some highlights I’d like to share.

So we celebrate a continued large presence at Ashford park run. This season saw PB’s for Lisa, Elodie and Heather, also for Becks Macey and Sandi Mortimer who both achieved first lady home status. On Park runs 5th birthday Emma Jenkins achieved a PB and won the Most Improved Park runner of the year, so well done Emma.

CLAP

In the East Kent Road Relay Women's league;

The A team scooped the Vet35 title and the Vet45 team finished 3rd overall.

In the B leagues we repeated the success by winning the Vet35 title but also added the Vet45 as well.

Show trophies

In the popular 10k distance, The Folkestone 10k in May had a great turn out from A&D ladies, with 8 of us running, in scorching conditions. The club were delighted to have Becks and Sandi both win their age categories that day and bring home trophies.

In the Dymchurch 10k in February A&D claimed the Team Award with ladies Laura, Lisa and Lucy on the team. To top it off Laura and Lisa got PB’s to make it a successful event for the club.

**Show trophies.**

**Clap our trophies.**

In the Marathon distance we saw brave and strong performances in this club year.

Elodie had her debut marathon back on home soil in Paris along with Lucy Cresser.

Brighton saw Anna-Lisa cross the line first for the A&D ladies followed by Sandi in 4hrs and Hazel Turner finished her debut at this distance, crossing the one minute after Sandi.

Claire Green returned to Brighton along with Gill Pragnell, (Pause) and Sarah H ran her first marathon and is returning this year for more!

In the London Marathon our runners were faced with hottest on record temperatures. It soared to 23c and as expected, took its toll on many competitors. Filiz and Ingvild completed their 1st marathons, Christine and Gill (Gill ran with a broken collarbone) and Rhian bravely battled her way to the finish line despite picking up an injury early on in proceedings.

Lucy travelled to Edinburgh to complete her 1st marathon in May, meanwhile, also in Scotland, Verity took part in the Mull of Kintyre Half Marathon and achieved a personal best time in just under 2 hours.

Sarah H and Lucy both did a second marathon, along with Helen in the Isle of Wight in October to support our president Steve Hickman in his milestone 150th marathon.

All in all an impressive turn out last year and proves to be more of the same this year with Becks, Sandi, Sarah H, Sarah T, Sophie, Kim, Tracy, Ailis, Gill and Christine all running at Brighton. Myself, Becks and Lucy running in London, Karine is in Paris, York for Kim, Liverpool for Shelly, the North Downs for Ingvild and Lucy and Sarah going back for even more to Loch Ness and Fort William.

Now to talk about some off our ladies achievements….

Our very own dynamic duo Christine Costiff and Gill O Connor have had another busy years running with many successes.

Christine recorded 38 races on Brads results thingy and Gill 31, our highest number of races in the ladies (and that’s just what they recorded!)

Some of Christine’s achievements include winning her age category by 14 minutes on Sunday in the Hastings Half, meaning she won the National Masters Award. 1st in age category in the Cornwood 10k, the Rye Harbour 10K, the Canterbury 10 miler, Kent Coastal Half Marathon, and the Christmas Pudding Dash alongside sister Gill who was 2nd in the category in the same race AND they were both dressed as Christmas puddings!

Gill got the 1st female vet prize at the Reigate Priory 10k, the Podplus 10k Ashford Summer Series and Croydon 10K.

Well done Christine & Gill.

Our new club secretary Becks Macey has had a fantastic year of prizes and PB’s. She kept on breaking her own personal bests throughout the year. To name a few, the Givaudan 10k, Faversham 10k, Canterbury 10 miler and Harry Hawkes 10 miler.. And of course the Hastings half on Sunday. She was second lady home at Mid Kent 5 Miler and the Saxon Shore Half Marathon, was 1st international female at Hardelot, she also won 1st lady in the 666 trail run in Kings Wood and won 1st prize in the V35 women’s at the Folkestone 10k. AND managed to find the time to invent the Becks race pose!

Becky Hodgson who happens to share the love of brightly coloured leggings with her team mate Becks Macey impressed us all this year with her endurance on long distance running.

She participated in the many endurance challenges, and is a big fan of the SVN events with another 7 or 8 planned this year, to name a few, the Saxon, Viking & Norman Cakeathon closely followed by the Dambusters challenge. She also ran both the Battle of Britain Challenge and Armistice Challenge Run completing two half marathons in two days, and most recently took part in the samphire challenge endurance run.

*…………………..*Becky wrote at 6am in the morning on Facebook;

*“Rain lashing down & wind howling. I've managed 14 laps - just over 50 miles in around 17 hours. I've had to take a couple of breaks & crash out in the car. This challenge has taken me to my absolute physical limits and beyond. Thank you so much to Lesley, Lisa & Shelly for pitching up yesterday afternoon - you have no idea how much that meant*

The support and encouragement we have for each other is so important and it’s that makes being part of this club so special to its members. *”.-* well done Becky and to those that took the time go support their team mate.

It’s this support which represents what it is to be part of A&D, another story I heard that illustrates this is when Mark Boorer supported his team mate Sophie all the way to the finish line at the Paddock Wood Half after Sophie injured her ankle at mile 6.

It is also about sharing how running is a tonic for many of us. I got Filiz’s permission to include her post on why she love to run.

She participated in the London Big Half on Sunday where she raised money for her nominated charity Mencap.

Filiz wrote:

*I felt a rush of emotions run through my body as I crossed the finish line. Inside I am more than just ''a runner''. Running for me is my escape. You feel the ropes let you go as you set off, and all your pain and worries are left behind you.*

We all run for our own reasons whatever they might be. Along the way we endure ice baths, Adrian doing our feet, pushing through injuries we have picked up, run in all kinds of weather (Lydd 20 comes to mind!), so why do we do this?

I think Filiz has captured the spirit of this for me, It’s this feeling of achievement and freedom we have in common. Well done Filiz for all your charitable effort in running.

I would like to finish up by thanking all members for their support in our club races, the 30th 10k and the new 10 miler which sold out, and has been a huge success.

The 10 miler was a highlight for me personally. Early last year after the snow I went for a run with Frances and Brad down in Westwell, and pitched the idea of a Halloween race to them and Brad said “Why not”, so took the idea to the committee and Barry at sporting events UK and we made it happen. Anthony did a fantastic job of gaining sponsorship from Champneys.

Standing at the start line looking at everyone ready to go was a special moment for me that I won’t forget. So a lovely big photo in the KM on the sports page and a big article as well!

This success of these events is down to the support and effort you as members put into promoting and marshalling our events, so thank you so much….. and now Scotty can buy some nice new trophies with the profits to give out on awards night and dump the old tat!

I also want to say thank you to the press gang that write up our achievements every week and do such a fantastic job.

As we move into this next year I like to finally thank Rhian for her support as ladies vice-captain, she has done an excellent job of in the relays and organising the marshals for our races and wish her the very best of luck with the role of ladies captain.

Thanks for having me!

**Mens Captain Report**

**A&D RRC 2019 AGM**

**Mens Capt Report**

Dear Members,

A warm welcome to you all tonight, Sue and I have really enjoyed Captaining the teams this year and can I just start by asking you once again to show your appreciation for Sue’s efforts in this role…….She is standing down as Ladies Captain, but i’m sure she will resurface in a new role somewhere on the committee, her organisation and planning skills are too valuable to let go.

The Mens team this year has gone from strength to strength in so many

distances and on varying terrains, I could stand here and bore you to death about my first Ultra with Eddie - Carlisle to Newcastle just 69 wee miles but those tails are best left in the bar over a pint or 3.

So lets start with the Spring Marathons - The early pace was laid down by Rick Holden in Paris - 3:33….not bad in that heat, Big Eddy took 9 mins off his best 2017 time as well. Then we had Brighton a club favourite, with Jon Pearce first home in 3:14….he wasn’t happy with that but others like Ricky Hickman really made significant improvements on the year before.

Then came London, record temperatures that day really took their toll on all of us. Robert Latala didn't seem to worry and ran a superb 2:35,

followed by Andrew Noble in a brilliant time of 3:08….as for the rest of us we were just glad to stumble across the line and get a cold drink, again I owe a debt of gratitude to Dan Green & Neil Woodman for helping me post race.

Other Marathons were completed including Isle Of Wight by Steve Hickman & Aaron Homewood. Steve in fact completed his 150th Marathon there and quite frankly that in itself is a truly amazing feat of endurance running in

anyones book…..(applause)

10k’s were again popular with the chaps, in the Folkestone Coastal 10k, we fielded 18 men (& 8 ladies) and although big brother did 34 mins , Tomasz Latala ran it in 36:55

This interest in 10k’s carried through the Summer and at Givaudan we

fielded 24 men (& 21 ladies) 45 runners - I’m asking Ashford AC for a club discount this year if we go over 50!

Trevor Kay was on form that day and finished in 35:29, hot on his heels Dan Green sliced off over a minute on his 2017 time in 36:35 but what caught my eye was the performance by Ricky Hickman - a very respectable 45:34…..ahead of his Dad Steve in 52:52…

Guess who got the more Club Championship points? It wasn’t Ricky and that made me chuckle…alot

East Kent Road Relays - One of our best seasons for sure. I will never forget the faces on Folkestone, when our Senior A team (Jon Pearce) ran down their 4th leg runner to seal a first ever home victory, that warm June evening in Viccy Park will live long in the memory.

Over the 5 race series our Mens Senior A team came overall 4th, the B team also came 4th and the C team 7th.

We dominated the Vet Categories and I mean dominated -

Vet 40 A came 1st as did the Vet 40 B team and the C team even came 3rd - Brilliant

In the Vet 50 A we won by a single point - how sweet was that?

Our Vet 50 B team also won their league and again the C team pushed out the others finishing 3rd.

Like fine wine they just keep getting better - We just need to wait a few more years to rock the Vet 60’s.

As Summer days get longer the racing gets shorter and the 5k Summer

Series seemed to be dominated by Dan Green, Rob Barton and someone called Ryan….has anyone seen him? I did think about reporting him missing to the Police. But they all ran brilliantly for the club.

Mark Attenborough talked a small team of Hobbits into completing a 50 mile Ultra, think it was the Serpeant, but it folded a few in half and slowed them down for a few weeks, so they couldn’t beat me much after so that’s always pleasing.

Other short races were the Mid Kent 5 miler that Nobby did in 31:10 and the Deal Castle 5 miler which Jon Pearce cracked out in 28:37

I’m gonna leave the XC details to Adrian because he really was instrumental in driving the team last Winter. All I want to add is that I want to publicly thank him for all his work in planning Perry Wood training sessions, getting us all to the right places, usually wet muddy fields in South London ! But as you know without someone directing things, stuff like this doesn’t happen and he really has helped put A&D back on the County & Regional XC map…..(applause)

During the cold Winter the runs get longer again and I was particularly pleased to see Keith Haynes finally break 70 mins at Canterbury 10 in

January finishing in 69:11 He trains really hard often solo so this was good to see.

Those individuals on the Breaking 3 programme featured well at the

Headcorn half , Lydd 20 & Hastings half

I was particularly impressed with Paul Ridley’s refusal to buckle from 15 miles onwards and keep agonisingly ahead of me to the finish line. My thanks go again to Adrian and Doc Gerard at Ashford AC for facilitating us to access his excellent coaching. This is a first for the club and I hope that more of you will follow in our footsteps to improve your Marathon running, if the programme is repeated later in the year.

This club has some fantastic runners but also lots of hardworking people prepared to devote alot of their spare time to help others and I want to finish by thanking a few other people that made it work better last year. Firstly Stu - my vice. He has now stood down, but his help with the Time trials, Relays, data collection was 1st class and I’m gonna miss his ability to spot the

mistakes as soon as Liam releases them. Thanks also to our Kit person - Richard Baker, who again is sadly stepping down after tonight. It’s often a

thankless task keeping everyone happy but he kept his sense of humor and his Del boy charm always.

Our long serving Treasurer Robin, who meticulously keeps all our books in order year after year without complaint, he reminds me of Bob Cratchett - Antony give him a pay rise! Lastly Julie our Secretary & Paul or Chairman again who are standing down, I thank them for all their precious time spent helping this club achieve all it has over recent years……If you just go out that door, they’ll lead you out into the back field where all ex committee go, keep a spot for me!

To close, I just want to thank the team again for their efforts, this club is moving forwards at a pace, the depth runners we put out in races across the County and beyond grows. The weekend reports glow brightly with PB’s, prize winners & season best times.

I am happy to stand as Captain for one more year, but I will let someone else have a go from next year, as that will be 2 years as Vice and 3 as Captain so 5 years of me is enough for anybody.

**XC Report**

Adrian Moody read from prepared notes. The inspiration for XC was inspired by Ann Fidge and a programme from the 1991 championships and Adrian set about getting the A&D name back out on the XC map.

The committee agreed to fund the team for the Kent league and members came forward for the challenge. A&D entered the Kent Championships, Regional, National and South of Thames XC all coming home with great achievements and team spirit.

40 members registered for the Kent league and 9 members did all four races and we produced scoring teams in every fixture.

A number of members took on the daunting Parliament Hill and came back to tell the tale. Each and every one should feel proud of their achievements this season, outdoing a number of bigger clubs. We have firmly put A&D on the XC map and look at continuing this success into the 19/20 season.

**Election of 2019/20 Committee**

There are 4 members standing down. Nominations have been received for 4 positions and will go ahead as listed below:

CHARIMAN – Anthony Brown, nominated by Rhian Shrimplin, 2nd Julie Foster and unanimously agreed

VICE CHARIMAN – Sue Reader, nominated by Scott Lynch, 2nd Paul Moses and unanimously agreed

SECRETARY – Becks Macey, nominated by Paul Moses, 2nd Adrian Moody and unanimously agreed

TREASURER – Robin Butler to remain

LADIES CAPTAIN – Rhian Shrimplin, nominated by Ricky Hickman, 2nd Anthony Brown and unanimously agreed

LADIES VICE CAPTAIN – Elodie Paviot, nominated by Sue Reader, 2nd Helen Weeden and unanimously agreed

MENS CAPTAIN – Scott Lynch to remain

MENS VICE CAPTAIN – Adrian Moody to remain

MEMBERSHIP SECRETARY – Ricky Hickman to remain

SOCIAL SECRETARY – Ricky Hickman to remain

RECORDS SECRETARY/WEBMASTER – Brad Bunk to remain

KIT MANAGER – Karine Reid, nominated by Sue Reader, 2nd Scott Lynch and unanimously agreed

All above positions that remain unchanged were unanimously agreed by attending members by show of hands.

Auditor of accounts: Darren Ward remains and was confirmed by Robin Butler

**REMINDERS**

Membership fees remain unchanged at £35/£25/£20

Awards night is Friday 3rd May at Ashford Rugby Club, facebook event is set up

CMOTY nominations will be advised by Becks in the coming week and details will be added to the club page.

Thank you to all who stayed behind and for your continued support. Lets make 2019/20 even better.

Meeting concluded at 9.40pm

**ASHFORD RUNNING CLUB**

**ACCOUNTS**

**FOR THE YEAR ENDED**

**31 DECEMBER 2018**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ITEM** | **INCOME (2018)** | **EXPENDITURE (2018)** | Profit & Loss (2018) | Profit & Loss (2017) |
|  |  |  |  |  |
| **CLUB INCOME** |  |  |  |  |
| Subcriptions | 3,913.50 | - | 3913.50 | 3116.50 |
| Donations & Grants | - | - | - | (190.00) |
| Running Vests & Hoodies | 2,439.17 | 2,366.20 | 72.97 | (396.73) |
| **SPORTING EVENTS** |  |  |  |  |
| 10K Race (2017) | - | - | - | 1977.77 |
| 10K Race (2018) | 3,363.13 | 861.20 | 2501.93 | - |
| 5/10 Mile (2018) | 3,819.66 | 46.00 | 3773.66 | - |
| Marathon (2017) | - | - | - | (377.41) |
| Marathon (2018) | - | - | - | - |
| East Kent Relays | - | - | - | (160.00) |
| Cross Country | 268.00 | 751.48 | (483.48) | (38.00) |
| Awards Presentation | 190.00 | 1,349.47 | (1159.47) | (978.39) |
| Christmas Party | 1,749.05 | 3,139.65 | (1390.60) | 1270.00 |
| Social Events | 20.00 | - | 20.00 | (64.50) |
| Race Travel (2017) | - | - | - | (475.50) |
| Race Travel (2018) | 2,475.00 | 2,882.93 | (407.93) | - |
| **CLUB EXPENDITURE** |  |  |  |  |
| Sandyacres Hire |  | 2,160.00 | (2160.00) | (1710.00) |
| Club Administration |  | - |  | (367.50) |
| Mollie Smith Presentation |  | - |  | (133.94) |
| Coaching Courses |  | - |  | (560.00) |
| SEAA Affiliation |  | 20.00 | (20.00) | - |
| KCAA Affiliation |  | 50.00 | (50.00 | (50.00 |
| England Athletics Affiliation & Subscription |  | 1,743.00 | 1743.00 | (1454.00) |
| LDWA Membership |  | - | - | - |
| AGM Expenses |  | - | - | - |
| Gifts |  | - | - | - |
| Equipment Costs |  | 359.00 | (359.00) | (104.95) |
| Accountancy |  | 315.00 | (315.00) | (315.00) |
| **Totals** | **18237.51** | **16043.93** | **2193.58** | **(1011.75)** |

**BALANCE SHEET**

**AS AT 31 DECEMBER 2018**

|  |  |
| --- | --- |
| **Brought Forward** |  |
| Brought Forward from 2017 | 2,376.79 |
| Plus 2018 Income & Expenditure balance | 2,193.58 |
|  |  |
| **Carried Forward** | 4,570.37 |
| **Represented By:-** |  |
|  |
| Nat West Current Account | 2,811.93 |
| Cash in Hand | 6.28 |
| Stock of Kit | 747.50 |
| Less Accountancy | (315.00) |
| 5/10K Sporting Event profit | 1,319.66 |
|  |  |
| **Total** | 4,570.37 |
|  |  |