**ASHFORD AND DISTRICT ROAD RUNNING CLUB**

Committee meeting agenda 03/09/20 at 8.15PM

Committee Members:

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| Anthony Brown | Sue Reader | Robin Butler |
| Becks Macey | Ricky Hickman | Adrian Beresford |
| Verity Dunbar | Rhian Shrimplin | Karine Reid |

Also in attendance CF (Covid-coordinator) AM and AG

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| Time | Item | Notes pre-meeting | Minutes and action (who/when) |
| 8.15 | Treasurers report | RB | £5154.75  Includes Crosskeys refund of £813  Members are happy for Club to keep Belgium trip money as credit for future events.  Affiliation from SEAA £25 – cheque has been cashed. |
| 8.20 | Covid update | CF | No update from UKA since last meeting. What we are doingas as a club with regards to Covid restrictions is great. We just now need to be more vigilant with cold weather coming up, and that it is more likely that members will be getting coughs/colds. Need to send members away if showing any signs of possible symptoms of Covid.  Put a reminder out that members must confirm on Spond that they are going to run with a particular group for track and trace purposes.  Committee discussed having possible staggered starts times in winter months to reduce numbers congregating at the same time outside the club. Give this option to leaders to arrange different start times.  Possible 6pm as earliest start time. SR to email Anne-Marie at Sandyacres to ask if we can start earlier on Thursday evenings. |
| 8.30 | Sandyacres | SR  Club night arrangements and fees | We are currently sharing Sandyacres with karate club on a Thursday – as they need to use the hall and back field area for their classes.  Showers – we will continue to use the same ones when we are allowed to again.  Sandyacres hire is usually £40 per hour – we pay £40 for the whole evening on Thursday so we continue to get a good discount. |
| 8.40 | Membership update | RH | 2 new members since last month.  Fees staying the same with England Athletics next year. |
| 8.45 | Cross country | AM and AG | UKA projected a template of fixtures for this season. Reduced league and championships timetable. League from 5 to 3  UKA had a meeting last week to determine guidlelines for fixtures – and will be letting people know the outcome of the meeting after 14th September.  AM foresees a scenario of restricted numbers of people allowed to run. Therefore, clubs may be restricted on how many members can run from each club and in each age category.  Registration and final guidelines could all be done in a rush due to dates.  Committee discussed possible options for team selection for this years’ cross country events and will finalise these once further guidelines have been released.  Club to possibly pay for the fees for whatever x country races happen. |
| 8.55 | 5/10 Miler | Shout out for marshalls  Men’s and Ladies teams  AB and RS to take lead on organisation and liaise with Barry. | AM met Barry at Towers – no upper limit on numbers as long as Covid measures are taken into account. Races currently have 30 runners in each wave which set off 2 minutes apart.  There have been discussions with the landowner of the land outside Eastwell Towers to use this land as the start/finish area. This will reduce Lenacre street road closure.  Keep sharing the 5/10 Miler event on FB – VD to boost this on club FB page. |
| 9.05 | Social update | Awards night update – final prep  Christmas party | Grass outside the front of the club is to used for awards nights – tables can be moved.  Use gazeebo for trophies. (AG to provide these).  SJ bringing PA system.  RH to put post reminder out on FB page about the awards night.  Committee reluctant to take money off members as we don’t know if a party can go ahead at the moment.  Possibly discuss with Kennington carvery about holding it there and arrange a flexible booking. RH to look into this. |
| 9.15 | AOB | Coaching - CF | The run leaders’ technique sessions are great and bee very popular with club members.  CF thinking about offering performance coaching for those who are interested in having a set programmes with a specific aim in mind. This will give members some targeted training at the club and a training plan for them to work from.  CF thinks up to 6 people at a time would be a good number for this.  Further discussions to be had about how this will work.  Stella at AC would like to merge with A&D so she can lead the juniors and A&D take on the senior runners who are still looking for competitive running.  Discussions to be had as we need to look at the best interests of the club.  We already have a good relationship with AC and that can continue without merging. We welcome any members of AC to come and join our club.  Committee agreed to keep nurturing the relationship we have with AC already but don’t think a full merge is the right decision. |

**Apologies: AB, RS**

**DONM: 01/10/2020**